

# Business & Sport Champion or Runner-up

## Objectives

*To demonstrate that businessmen and businesswomen can learn from sporting champions*

## What delegates will learn?

*Delegates will learn what successful sportsmen and sportswomen have in common and how they can learn from their desire, dedication and discipline.*

## How they will benefit?

*Delegates will leave more motivated than ever before. They will be more focused and have a determination and passion to succeed. Participants will discover that almost everything is possible.*

## What is the format of the day?

This full day brings together the worlds of sport and business, two separate disciplines that are so intertwined that they can both learn from each other. This workshop combines a personal approach with presentations and interactive practical demonstrations.

## What does the course include?

The course content is as follows:

- \* What makes sportsmen and sportswomen special
- \* What exactly are your wants needs and desires
- \* Start with the end in mind
- \* Planning the journey
- \* Beyond just goal setting
- \* Will you know when you've arrived

## What is the cost?

£TBA inc VAT per person

## What does the cost include?

- \* Refreshments throughout the day
- \* 2 Course hot & cold buffet
- \* Course manual
- \* Free follow-up session with David Williams



Learn to Perform