

# A Day of Change

## Who is it for?

*This programme is specifically designed for those who manage others (and project managers) within a changing environment.*

## Objectives

*Golf is used to demonstrate the influence of change on individuals, teams and ultimately organisations.*

## What delegates will learn?

*Delegates will learn how their beliefs and perceptions constantly control their actions. They will also become more aware of how external factors influence the things they do.*

## How they will benefit?

*Delegates will leave with greater self-awareness and awareness of others (essential for managing people and projects). They will understand how their actions influence individual, team and organisational performance. They will be able to cope more effectively in a wide variety of situations and environments.*

## What is the format of the day?

The full day programme combines practical sessions with an entertaining, interactive and fun workshop. By using golf as the method of delivery delegates will go through an action learning process without feeling that they have been formally trained.

## What does the course include?

The course content is as follows:

- \* How our environment influences our behaviour
- \* Time changes everything
- \* How we communicate with ourselves and others
- \* The influence of physiology
- \* The power and influence of language
- \* Business (and pleasure!)
- \* What next?

## What is the cost?

See programme booking forms for cost, venue and dates.

## What does the cost include?

- \* Refreshments throughout the day
- \* Lunch
- \* Course manual



Learn to Perform